

**GATESHEAD METROPOLITAN BOROUGH COUNCIL**

**HEALTH AND WELLBEING BOARD MEETING**

**Friday, 19 January 2018**

**PRESENT**

Councillor Martin Gannon (Gateshead Council) (Chair)

Councillor Mary Foy	Gateshead Council
Councillor Malcolm Graham	Gateshead Council
Councillor Michael McNestry	Gateshead Council

**IN ATTENDANCE:**

Susan Watson	Gateshead NHS Foundation Trust
Sir Paul Ennals	Local Safeguarding Children's Board
John Costello	Gateshead Council
Alice Wiseman	Gateshead Council
Jane Mullholland	Newcastle Gateshead CCG
Mandy Cheetham	Teeside University
Michael Brown	Gateshead Healthwatch
John Pratt	Tyne & Wear Fire Service
James Duncan	Northumberland Tyne & Wear NHS Foundation Trust

**APOLOGIES:**

Councillor Lynne Caffrey and Councillor Paul Foy  
Caroline O'Neill, Mark Adams, Dr Mark Dornan, Ian Renwick, Dr Bill Westwood, Sally Young and Steve Jamieson

**HW1 APOLOGIES FOR ABSENCE**

Apologies for absence were received from Cllr Lynne Caffrey, Cllr Paul Foy, Sheena Ramsey, Caroline O'Neill, Bill Westwood, Mark Adams, Mark Dornan, Ian Renwick and Sally Young.

**HW2 MINUTES**

RESOLVED:

- (i) The minutes of the last meeting held on Friday 1 December 2017 were agreed as a correct record.

**HW3 ACTION LIST**

John Costello provided an update of the Gateshead Health and Wellbeing Board Action List from the agenda.

The following points were noted as ongoing from the report:

- Gateshead Newcastle Deciding Together, Delivering Together: regular progress reports to be brought back to the Board;
- A final Pharmaceutical Needs Assessment (PNA) will be brought the next Board meeting in March. Members have already been provided will an updated version of the PNA (issued with the papers for this meeting) – any final comments to be forwarded to Gerald Tompkins.
- Progress in developing a whole system Healthy Weight Strategy will be brought to the April Board meeting.

RESOLVED:

- (i) That Board Members noted the Action Plan.

#### **HW4 DECLARATIONS OF INTEREST**

There were no declarations of interest.

#### **HW5 FIT 4 THE FUTURE AND COMMUNITY LINKING PROJECT**

The Board were informed that Sarah Gorman would not be presenting on the Community Linking Project due to illness, but that arrangements were being made for her to present to the next Board meeting in March.

The Board received a presentation focusing on work of place based, community led, collaborative approaches to addressing health inequalities.

It was noted that Mandy Cheetham had been commissioned as an embedded researcher to work alongside local communities in collaboration with Pattison House to explore collaborative approaches to promote health and wellbeing and to prevent childhood obesity. It was further noted that the aims of the embedded research were to understand what community led interventions are effective in tackling obesity, how families can become engaged and what role primary schools play.

An overview of the challenges many families face was provided noting particular reference to those choosing between “heating and eating” and those who stated there was nowhere safe for their children to play in their neighbourhood. From this it was stated that the effects of austerity and welfare reform had had a negative impact on areas facing health inequalities.

It was said that in working with communities to address childhood obesity a holistic approach was taken. It was further noted that pointing fingers at parents and demanding they change their lifestyles and habits is ineffective in promoting long term changes to their health and wellbeing.

The Board were presented with evidence suggesting that residents often feel like health facilities, such as those at Gateshead Stadium, are not for them. It was noted

within the report that the Stadium is underused by local people, but with sustained efforts, engagement levels increased slowly with support from staff and community members to address the financial, social, psychological and attitudinal barriers to access.

Further details of the analysis were provided to the board taking further note of the collaborative work required to ensure there are sustainable solutions found towards health inequality. It was also noted that schools were seen as important places to promote physical activity and to engage with parents around the importance of eating healthily.

It was noted that there was a full comprehensive report of Mandy's findings which would be circulated following the meeting for those interested in further details of the project.

An observation was noted that a barrier for families to provide healthy meals was often lack of knowledge and money resulting in the purchase of convenience foods. It was further noted that often the best meal a child will get throughout the day will be the one they receive in school. It was also said that the cost of gym memberships can be a barrier to keeping fit for those on a low income.

A comment was made that the work completed by Mandy was excellent and that a lot can be learned from her report. The work completed by Durham Council on their engagement with men was noted and that targeted local work was perhaps the best solution to promote health and wellbeing in the community.

RESOLVED:

- (i) That Board Members considered the implications of the presentation and research findings for Gateshead.

## **HW6 GATESHEAD COUNCIL'S NEW STRATEGIC APPROACH**

An overview of the 'Making Gateshead a place where everyone thrives', the Council's new strategic approach, was provided by the Council Leader.

It was noted from the document that Gateshead Council has made a pledge to:

- Put people and families at the heart of everything we do.
- Tackle inequality so people have a fair chance.
- Support our communities to support themselves and each other.
- Invest in our economy to provide sustainable opportunities for employment, innovation and growth across the borough.
- Work together to fight for a better future for Gateshead.

It was summarised that there is a need to reduce demand for Council services from those in thriving communities and to focus available resources more on those who are 'vulnerable' or 'just coping'.

In this connection, Citizen's Advice Bureau reported that there had been a crisis over Christmas due to the effects of austerity on residents. It was also said that the success of the Council's new vision is reliant upon a buy-in from residents and Council partners.

It was noted that the new strategic approach has been developed with Council members over a 12 month period and is a call to action for members of the Board to work collaboratively to achieve the new vision.

It was highlighted from the report that Government grant funding has halved since 2010 and that one in five children live in poverty. It was also noted that over 5,000 people are relying on foodbanks with over 10,000 struggling to heat their homes. It was further said that issues faced by society are often directed at particular segments or groups within our communities without understanding or addressing the underlying factors.

RESOLVED:

- (i) That Board Members noted and endorsed the key elements of the Council's new strategic approach.

#### **HW7 CAMHS LOCAL TRANSFORMATION PLAN**

This item was deferred to the next meeting.

RESOLVED:

- (i) That the Board agreed to defer this item to the March 2018 meeting of the Health and Wellbeing Board.

#### **HW8 REMIT OF HEALTH AND WELLBEING BOARD - CHILDREN'S AGENDA**

The remit and membership of the Health & Wellbeing Board was discussed to seek views on a proposal to amend the remit of the Board. The change would mean that the Board would take on those responsibilities relating to the health and wellbeing of children that were previously the responsibility of the Children's Trust.

From the report it was further noted that in order to reflect the change of remit it was proposed that the membership of the Board should be enhanced. It was felt appropriate to extend the Board's membership to include the Cabinet Member for Children and Young People. It was also felt that consideration be given to extending membership to the Chair of the Local Safeguarding Children Board and Adult Safeguarding Board in a way that best facilitates close working with the Health and Wellbeing Board.

It was noted that the proposed changes to the remit of the Board made sense given that the Children's Trust Board no longer meets. However, it was suggested that the wording of the last bullet point regarding the Board's remit be adjusted to reflect its strategic and facilitating role, rather than an operational role, in working to secure better health and wellbeing outcomes for local people. It was further noted that it will be important to ensure there is clarity around where accountability lies in relation to specific areas of health and wellbeing when the changes are in place.

RESOLVED:

- (i) The Board supported the proposals set out in the report subject to the comments made above.

## **HW9 BETTER CARE FUND QUARTER 3 RETURN 2017/18**

The Better Care Fund: 3<sup>rd</sup> Quarterly Return (2017/2018) was presented to the Board for endorsement. It was noted that a return for the 3<sup>rd</sup> quarter of 2017/18 is required to be submitted by 19 January 2018.

It was asked why the target had not been met for 'Proportion of older people (65 and over) who were still at home 91 days after discharge from hospital into reablement/rehabilitation services'. It was said that the actual figure for this is 81.5% which is just short of the target of 85.6%. A comment was also made that there has been significant improvements overall which is credit to the collaborative work between partners.

RESOLVED:

- (i) The Board endorsed the Better Care Fund 3<sup>rd</sup> Quarter return for 2017/18.

## **HW10 UPDATES FROM BOARD MEMBERS**

An overview of action taken by Public Health to implement recommendations of the Black and Minority Ethnic (BME) Groups Health Needs Assessments was provided.

It was noted that many of the recommendations were already accepted practise in Public Health such as the recording of ethnicity of service users and the availability of providers information on services in appropriate languages. It was further noted that there is more work to be done.

It was noted that further updates received from partners would be circulated to Board members including Gateshead Health NHS FT, NTW FT and Council social care services. It was also noted that the BME Groups Health Needs Assessment was a priority area for Gateshead Healthwatch for 2018 and that the CCG continues to raise awareness within practises using a master template.

A discussion took place on the recent Operation Sanctuary and the need for support

to victims in these circumstances.

RESOLVED:

- (i) The Board noted the Public Health update on the BME HNA recommendations and that other partner updates would also be circulated following the meeting.

**HW11 ANY OTHER BUSINESS**

There was no other business.